

## Operation: Quiet Comfort

collects used blue jeans and other fabric, assembles quilts, and coordinates block signing with words of thanks, encouragement, hope for the future, and prayers for healing.

These denim quilts were inspired by Franklin D. Roosevelt's address to the 77th Congress on January 6, 1941 -  
*The Four Freedoms:*

- \* Freedom of Speech and Expression \*
- \* Freedom of Worship \*
- \* Freedom from Want \*
- \* Freedom from Fear \*



The Four Freedom Gratitude Quilts are given to injured service members to show the love and respect that we have for our troops.

Made of denim squares cut from jeans and other denim articles, these squares are signed by groups and individuals and include messages of support.

These messages can be something as simple as the signature of each person, or a get well wish, and some participants have even drawn pictures or designs.

Each quilt is comprised of 96 signed squares, 1 square representing each of the four freedoms, and 1 square containing the U.S. Flag.

### **How You Can Help:**

Cut denim patches in 6" x 6" squares...old jeans are great for this...just be sure they are clean and not damaged. Leave a 1 inch margin on the sides for sewing. They can be embroidered, appliquéd, fabric paint, etc. and Sharpie Permanent markers work very well. When a group has 96 signed squares (or any number), you can send them to:

Operation: Quiet Comfort, Inc. PO Box 263 La Salle, MI 48145

Make sure there's info included with them on the name of the group, and address, and a contact person.

TIPS for signing messages on the Four Freedoms Gratitude Quilt Blocks:

- Try to keep your messages in the center 5" of each block so we have a seam allowance to sew the blocks together. Some people make a cardboard "frame" from a manila file folder so messages can be written in the window.
- Please be sure to use permanent ink. Sharpie makes permanent ink in a variety of colors. Red works especially well on both the light and dark denim.
- These quilts are going to injured soldiers, so messages of thanks, encouragement and hope are the best.
- Be sure to include the name of your group or organization as well as the city and state so the dedication block on the back of the quilt can be completed. Feel free to include a photograph and we'll make sure it accompanies the quilt to Landstuhl Regional Medical Center.

Thank you very much for your contribution to Operation: Quiet Comfort and our mission to provide comfort to America's Sons and Daughters who are injured while in harm's way.

Questions? Feel free to email the coordinator at: [countrycomfortmi@yahoo.com](mailto:countrycomfortmi@yahoo.com)

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Even if your group creates less than 96 squares, they can still be sent to OQC and they will be combined with squares from other groups.